

Preteen Talk

Where your preteen can share experiences with a group that can help



Support group for children who are navigating academic & social pressures. (grades 5, 6 & 7)

12 week program or on-going group

Location:

11340 W. Olympic Blvd
Suite 210
West Los Angeles, CA 90064

Time:

On-going after school weekly group.
Contact regarding upcoming openings.

Cost:

\$200/month
or \$350/2 months pre-paid

Inquiries or RSVP:

Jessica Mattson or Kristine Tye
323.776.3557 / 818.923.1038

Are you concerned about emotional and social stress that your child may be experiencing?

Do you wonder about the many factors that may affect your child's academic confidence and performance?

Are you concerned that your child may be making poor choices that affect his or her identity?

This is a safe place focused on learning how to get the most out of a critical time in an adolescent's life. Your preteen will have the opportunity to access support from peers as well as guidance from teen experts and group facilitators **Kristine Tye, LMFT (License #77645) & Jessica Mattson, M.A., MFT Registered Intern**



Kristine specializes in working with parents and teenagers overcoming stress, anxiety, academic and relationship struggles. In addition to offering individual therapy, Kristine has experience working with children in a school setting, facilitating parenting classes and support groups, leading social skills groups for children, and working with children and teenagers recovering from trauma (both minor and severe). www.kristinetherapyla.com



Jessica has extensive experience helping teens cope with the challenges of navigating social pressures and academic expectations. She helps adolescents develop skills for better communication, nurture their strengths, resolve problems and gain confidence. She has counseled in the Los Angeles Juvenile Offenders Program; Woodland Hills School system; Phillips Graduate Institute Counseling Ctr.; & Southern California Counseling Ctr. Jessica is supervised by Christina Kousakis, LMFT, MFC48942. www.jessicamattson.com